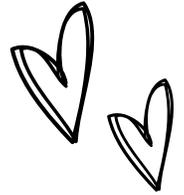
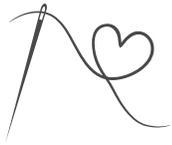


where to shop online for

# GARMENT FABRIC

our favorite spots

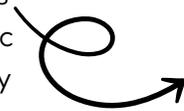


Click here for [Garment Sewing Fabric Resources](#)

- **HOW to Shop for Fabric Online.** Get some smart tips, decoding fabric listings, questions to ask, how much to buy and more!



- **WHERE to Shop for Fabric Online.** Use this list to see all the fabric shops we've personally experienced. Links included.



- **WHAT is this Fabric?** Here is a guide to all the common fabric types (or bases) that we regularly use or recommend for our patterns.



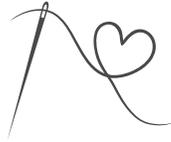
## SHOPS WE HIGHLY RECOMMEND

- [Raspberry Creek Fabrics](#)
- [Surge Fabric Shop](#)
- [Minerva](#)
- [Boho Fabrics](#)
- [MilyMae Fabrics](#)
- [Sincerely Rylee Fabrics](#)
- [Stitchin' Pretties](#)
- [Discovery Fabrics](#)
- [The Fabric Fairy](#)
- [Sew Dynamic Fabrics](#)
- [WayMaker Fabrics](#)
- [Cali Fabrics](#)
- [Amanda's Bundles](#)
- [Alyssa May Designs](#)
- [Seweird](#)

## MORE ONLINE SHOPS

- KnitFabric.com
- Hart's
- Spoonflower
- Hawthorne Threads
- Fabric Wholesale Depot
- Etsy
- Amazon
- Stylemaker Fabrics
- Girl Charlee
- Zelouf Fabrics Online
- ISeeFabric.com
- Nick of Time Textiles
- Fabrics-store.com
- Fabricworm.com
- Core Fabrics
- Fabricmartfabrics.com
- Frankie Rose Fabrics
- Hart's Fabrics
- Sitka Fabrics
- Nature's Fabrics
- Cottoner
- Purple Seamstress
- Fabric Mart
- MoodFabrics.com
- Vogue
- Blackbirdfabrics.com
- Stonemountain Fabric
- LA Finch Fabrics





how to use a digital

# PATTERN



LOVE NOTIONS  
SEWING PATTERNS, LLC

## BONUS TIP

Our patterns include layers for easy sizing & some have a full-length sewing course!

1

## Purchase a Pattern

Select from the 100+ sewing patterns available at [lovenotions.com](http://lovenotions.com). There are tons of options for the whole family.



After you purchase, go to "My Account" to see all the download-able files.

2

## Decide on your Format

Three digital ways to access your pattern:

- Projector
- Print-at-home, use standard printer & assemble with tape or glue
- Send the Large-format, AO file to a printing service. We have some recommended shops!



3

## Use to Scale

Pattern piece size is so important!

- At-Home Printing: Open your pattern download in (free) Adobe Acrobat Reader. Print at "Actual Size" or 100% scale and double check 1" square.
- Projecting: Open your pattern in your preferred projecting app (see our recs!), calibrate and project onto fabric, no paper pattern needed!

NEED HELP?

Email  
[help@lovenotions.com](mailto:help@lovenotions.com)





how & where to print a

# LARGE FORMAT

sewing pattern



## How to use a Large Format print service

1. **Find a printer.** Our recommended spots. 
2. **Upload your Large Format file.** Download the “Large Format” file from your account at [lovenotions.com/my-account/downloads](https://lovenotions.com/my-account/downloads).
3. **Select your paper type and size.** Save a little by printing in black and white, though a few spots charge the same for color or B & W. Input the number of sheets (easy to find in the pattern listing or by looking in the file itself). Read directions carefully when inputting quantity. Love Notions patterns average 4 sheets in the large format file and each sheet is about 33” x 46”.
4. **Select your print options.** Look for “engineering”, “architectural”, or “blueprints” options for stores that don’t specialize in pattern printing. Skip any options for laminate or stapling or binding.



- [Pdf Plotting](#)
- [The Plotted Pattern](#)
- [Pattern Printing Company](#)
- [Sublime GrafX](#)
- [Bolt Fabric Boutique](#)
- [Fedex](#)
- [Office Works](#)
- [Office Depot / Office Max](#)
- [Pattern Printers.com](#)
- [Tape-free Patterns](#)
- [Blackbird Fabrics](#)
- [The Fabric Snob](#)

## Cost?

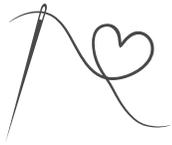
While office supply stores offer large format printing for any PDF file, tons of companies have sprouted up for sewing pattern prints, at many price points. We’ve seen large format prints range from \$1.50 to \$7.00 USD per sheet. Remember, with sales and discounted rates for large orders, it’s often economical to order several patterns at once.

## How to use a Large Format sewing pattern

Once you’ve got the printed pattern sheets you’re ready to roll! The large format print can be used just like the assembled version of a print-at-home pattern. Some cut right into that large print out - but most want to preserve that large print for future sizes and options - so they trace out the pieces as they need them. We love [Swedish Tracing Paper](#). It’s similar to what interfacing feels like so it folds up easy and you can draw or even sew on it. Pellon also has a similar product called [Easy Pattern](#) that you can find at Hobby Lobby and Joann’s.

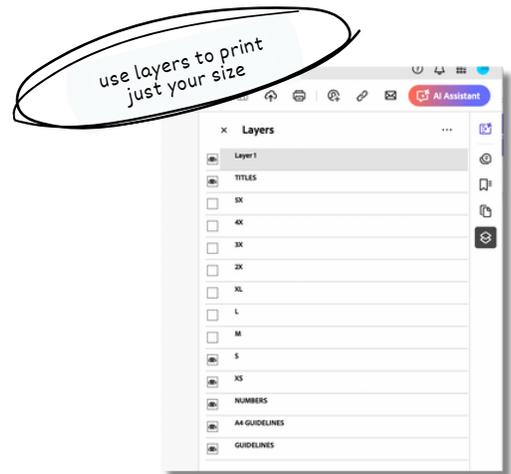


# how to print & assemble a PRINT-AT-HOME sewing pattern



## How to PRINT @ Home

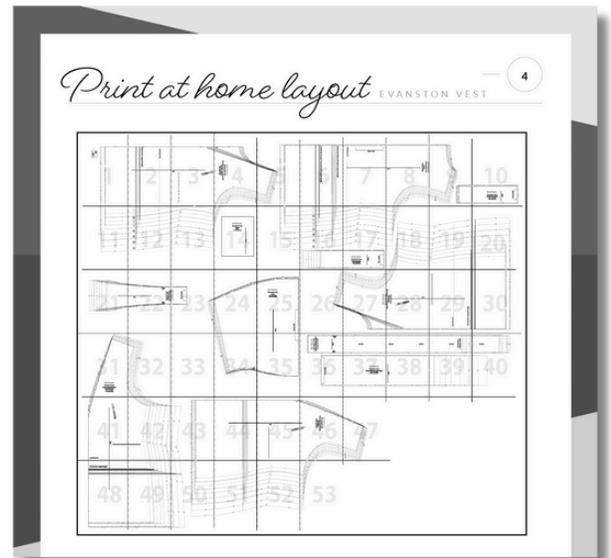
1. **Download print-at-home files.** Open in Adobe Acrobat Reader.
2. **Check your print settings.** Use “actual size” at 100%. Print on regular letter size printer paper. Don't print double-sided! Use B & W or grayscale.
3. **Check 1" inch square.** Start strong by printing just one page of the pattern pieces - find the 1" square and make sure it's correct.
4. **Print just the size layer(s) you need.** The layers feature is only available on desktop computers using the free Adobe Reader program. Keep the 'guidelines' layer on
5. **Only print the pages you need.** Check the print chart near the beginning of the pattern and only print the options you want. This can dramatically reduce the amount of pages you need to print.



## How to Assemble?



1. **Align the 2nd page on top of the 1st page**, butting the edge of the paper to the solid vertical line (US letter) or the dotted vertical line (A4). Reference the 'Print at home layout' to help!
2. When you finish assembling the first line, **layer the second row on top of the first**, butting the top of the paper up to the horizontal guideline (US letter). If using A4 paper, trim away the top portion to align the top line to the bottom line from the row above.
3. **Use tape or gluestick to assemble.**



handy resources for  
**PROJECTOR**  
sewing



## Getting Started

1. **Projectors for Sewing** - the group that started it all!  
<https://www.facebook.com/groups/ProjectorForSewing/>  
or <https://sashasewist.info/> (not on FB)
2. **Absolute Beginner's Guide to Projector Sewing**  
<https://sashasewist.info/onepageguidetoprojectorsewing/>
3. **Projector Sewing - Making it work in the space you've got!** <https://www.lovenotions.com/projector-sewing-making-it-work-in-the-space-youve-got>



Projector Types & Models  
Guide (By Sasha Sewist)

## YouTube Resources

1. **LN Projector Videos** - Playlist 
2. **Dailey Sews Stuff** <https://YouTube.com/@daileysewsstuff>

## Software Resources

1. **Project & Cut** - calibrate, rotate/mirror/inverse colors and project all in one software! <https://projectandcut.com/>
2. **Pattern Projector** - web/app based (great for the mobile user!) calibration and projection for all your projector sewing needs!  
<https://www.patternprojector.com/en>

# The first step in garment sewing? MEASUREMENTS

The first step in sewing well-fitted clothing is measuring yourself... accurately. This can be hard to do by yourself so grab a partner. Compare these measurements to both the pattern size chart AND the finished measurement chart.

RECORD YOUR MEASUREMENTS	
	<b>High bust:</b> <i>around the body, under the arms above the bust.</i>
	<b>Full bust:</b> <i>around the bust at the fullest point.</i>
	<b>Waist:</b> <i>smallest point, above the navel where the crease forms.</i>
	<b>High hip:</b> <i>usually 3"-3.5" below the waist at fullest part of the stomach.</i>
	<b>Full hip:</b> <i>7"-9" from waist around fullest part of hip, where you bend.</i>
	<b>Thigh:</b> <i>fullest part of upper leg.</i>
	<b>Knee:</b> <i>across the middle of the knee cap</i>
	<b>Calf:</b> <i>the fullest part of the calf</i>
	<b>Neck to shoulder:</b> <i>from where the neck meets the shoulder to shoulder bone.</i>
	<b>Front waist length:</b> <i>from shoulder to natural waist.</i>
	<b>Arm length:</b> <i>from shoulder bone to wrist bone.</i>
	<b>Bicep:</b> <i>around the fullest part of the upper arm</i>
	<b>Across back:</b> <i>~4" below base of neck across back from arm to arm.</i>
	<b>Full back width:</b> <i>taken across back at under arm.</i>
	<b>Crotch depth:</b> <i>taken sitting flat, measure from waist down to surface.</i>

